



Race Against the Odds to cure pediatric brain cancer; Sunday November 7

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By **Heidi Price**, DC Diet and Exercise Examiner

Join over thousands of your fellow runners next Sunday November 7 in Arlington, VA as you help support one of the most inspiring causes across the nation today. [The Race Against the Odds](#) is the main fundraising event for the DC Metro area chapter of The Cure Starts Now Foundation which seeks to defeat pediatric brain cancer.

In it's second year, the Race Against the Odds looks to surpass it's astounding numbers from it's first year with over 600 participants raising more than \$60,000 toward a cure.

The Foundation's goal is to fund and raise public awareness about pediatric brain cancer. There are over 130 different variations of brain tumors, thus making effective medical treatment incredibly complicated and challenging. Further, the overall cure rate for brain cancer is significantly lower than other forms of cancer, and the Foundation aims to increase those survival numbers by raising money to fund additional research.

In support of The Cure Starts Now Foundation, the proceeds from the Race Against the Odds on November 7 will be used to provide financial grants to top medical researchers currently looking for a cure to pediatric brain cancer. Portions of this year's donations will also go to assist medical costs for a local Virginia girl currently fighting brain cancer at the age of four. She was diagnosed two years ago and has defied many odds in her survival rate as she is still fighting to this day. She is truly an inspiration to all, especially her family and friends.

This year's race will take place on Sunday November 7 at Bluemont Park in Arlington, VA. Families are encouraged to attend as there is a 5K race for older and adult participants as well as a Kids' Fun Run commencing after the start of the 5K. A great opportunity for all members of the family to spend a weekend morning exercising together.

Physical activity is critical to the overall [health](#) and wellbeing of individuals in today's high stress and over-demanding society. Studies show that children mimic that which they see their parents or role models do. Therefore, parents who promote [physical activity](#) and exercise as a team will rear children who grow to enjoy and respect the importance of physical exercise.

More information about the [Race Against the Odds](#) event and [The Cure Starts Now Foundation](#) can be found on their respective websites. Help save the lives of numerous boys and girls and take an interest in your own health by participating in the Race Against the Odds on November 7, 2010.

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